

Grade 1/2 Rules Overview

1. No jewelry except for properly secured Medical tags shall be allowed. Taping over earrings is not allowed.
2. A player may not wear any casts in games or scrimmages, even if wrapped and/or given approval by a doctor.
3. All players shall wear shin guards. Shin guards must be covered by socks.
4. Cleats are highly recommended, but not required. Cleats shall conform to FIFA regulations and shall not have exposed metal or a spike on the toe.
5. Heading the ball is no allowed for any players in Grade 5/6 and below. Heading the ball during a game will result an indirect kick for the opposing team.
6. Grade 1/2 and below will not have throw ins. Any ball played out over the side lines will result in a free kick for the opposing team.
7. Grade 1/2 and below will not have corner kicks. Any ball played out over the end lines will result in a goal kick for the defending team.
8. For Grade 3/4 and below, at the taking of a goal kick all defending players must be no closer than the midfield line until the kick is taken by the offensive player.
9. There are no offsides for Grade 3/4 and below, however coaches should not allow their players to constantly play in an obvious offside position for the purpose of trying create easy scoring chances (“cherry picking”).
10. No overtime is played during the Fall Recreational season.
11. Substitutions will be unlimited, and may be made as needed during the any stoppage of the game.

	Grade 1/2
Grade Requirements	2 nd Grade & Lower
<i>Former Age Group</i>	<i>U8</i>
No. of Players	3 v 3 or 4 v 4
Playing Time (minutes)	Instruction: 15 Game: 2 x 15
Halftime (minutes)	2
Goalkeeper	No
Offside	No
Heading	No
Ball Size	3
Goal Size	6' Popup
Maximum Field Size (yards)	30 x 20